



*President*

**Rick Westlake**

*1<sup>st</sup> Vice President*

**Rob Hughes**

*2<sup>nd</sup> Vice President*

*Secretary /Treasurer*

**Laurie Hughes**

*Executive Members*

**Dave Handley**

**Gina Armstrong**

*Past President*

*City Liaison*

**Terry Ugolini**

*Staff*

Steve Stoyanoff

Shirley Roche

**THOROLD SENIORS  
CENTRE ASSOCIATION**

*8 Carleton Street S.*

*Thorold, ON*

*L2V 5C2*

*905-227-2161*

*Membership -\$120 a year*

*\$60 from July 1 to Dec 31*

*+ \$5 key card deposit*

*Lifers \$60*

## OCTOBER 2022 NEWSLETTER

**“Seniors On The Move”**

thoroldseniorscentre@gmail.com

### Presidents Message

Change is all around us as we are now into another autumn season. You can smell the falling leaves and feel the temperature changing. We also have changes happening on our Executive Board. At our October General Membership meeting, we gave a standing ovation to recognize the ten plus years of dedicated service that our Immediate Past President Lora Vary gave to our Association while serving on the Board. Our Treasurer, Elaine D'Amico, decided to hang up her Balance Sheet after serving for over six years in that position on the Executive and was thanked for her dedication as well. Both ladies have been instrumental in moving our Association forward and becoming the welcoming and active organization that it is today. It is now up to the new Board to continue with our traditional events, programs and fund raisers, as well as offering new adventures and activities to the membership. These changes brought on a necessity to realign the Executive Board to fill in the vacancies, and at the October GMM, the following was put in place with no objections from those in attendance:

For the remainder of the calendar year our Executive will consist of:

President – Rick Westlake, 1st V.P./Assistant Secretary – Rob Hughes, 2nd V.P. – Brenda Bator, Recording Secretary/Treasurer – Laurie Hughes, Members at large – Dave Handley and Gina Armstrong.

Starting January 1, 2023 and running until our year end May 31, 2023, our Executive will consist of the following members:

President – Brenda Bator, 1st V.P. – Dave Handley, 2nd V.P. – open, Recording Secretary – Rob Hughes, Treasurer – Laurie Hughes, Members at large – Gina Armstrong and one open position and I.P.P. – Rick Westlake. You, the membership of this great organization, will have the opportunity to select your new Executive Board. To comply with our Constitution, the list of nominees to serve on the new Executive for our fiscal year June 1, 2023 - May 31, 2024, must be posted at the Centre at least fourteen days prior to the May 2023 general meeting. I am pleased to announce that John D'Amico has agreed to serve as Chair of the Nominating Committee and will be looking for two able assistants to serve on this committee.

More changes occurred this fall and I was excited to welcome Wally Torrence, Diane Gordon, Bernice Owens, Cindy Innocenti, Linda and Mel Brightman and Barbara Custers who all joined us in September. These new members can now join us as we have fun participating in new activities such as Pumpkin Fest on Saturday, October 22nd and our wreath making day on Tuesday, November 1st.

I was also excited to officially announce that our membership fee will be dropping by 33%! Your dues will be due in full (no more \$10.00 per month) January 1, 2023, but will drop from \$120.00 to \$80.00 annually. This decision was made to make it more affordable and to increase our membership numbers, so tell everyone you know to come and join in on all the benefits of belonging to the Thorold Senior Citizens Association.

See you all at the “Centre”

President Rick

## CRAFTY LADIES



The craft ladies have a table in the great hall with handmade

items for sale. Come and have a look. Buy a gift or something for yourself.



Seniors day at Henderson's is now every Wednesday get a 20% discount.



## Events and Activities Activities

*Tai Chi:* With Tai Chi master Roberto, Tuesdays & Wednesdays at 10:00am.

*Exercise Class:* With Muriel Raymond, Monday, Wednesday and Friday at 10 am. Now in its 20+ year.

*Tech Support:* with Laurie Wed. 11:30

*Cards:* Cribbage - Wed 1pm  
Euchre - Fri 1pm

*Crafts:* Tues. at 1pm in the great hall. Everyone welcome.

*Darts:* – Wed. 1:00 pm

*Shuffleboard:* – Mon. & Wed. at 1:00pm

*Chair Yoga with Laurie-Anne* is Thurs. at 11

*Zumba:* with Mary is Thurs. from 12-1 or Tues at 11:30 on meeting weeks

*The first thing a child learns when he gets a drum is that he's never going to get another one.*

**Don't forget to sign in when you visit the centre.**

We are tracking attendance to all activities and we would like to get an accurate count. The city is also very interested in how many people are using the centre.

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**Upcoming Events**

**Oct 20<sup>th</sup> Taste around the World - Club Capri 4-7 \$25**

**Oct 22<sup>nd</sup> Pumpkin Fest here @ the centre 10am -2pm**

**Oct 22<sup>nd</sup> Festive Market Craft sale @ Trinity United 10am -2pm**

**Oct 22<sup>nd</sup> Spooktacular Trivia Night @ Ovation Ballroom \$35**

**-Cardiovascular Disease fundraiser**

**dinner 6pm, trivia 7pm call 289-296-9488.**

**Oct 23<sup>rd</sup> An Afternoon of Music with Henderson & Fralick \$20**

**- Knox Presbyterian Church 3pm tickets 905-641-8868**

**Oct 24<sup>th</sup> Centre is **Closed** for use for the municipal election, all our activities are canceled.**

**Lions Charity Pumpkin Sale - every Saturday in October at the corner of Sullivan and Pine**

**St John's church is selling meat pies, butter tarts and Chocolates, see the bulletin board for details or visit [stjohnsthorold.com](http://stjohnsthorold.com)**



The Christmas Bazaar is on November 19. You can start bringing in your donations anytime and we will store them in the room downstairs. We are especially looking for Christmas themed items for this bazaar.

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We are still collecting for the Fun Drive for Value Village. We need clothing and linens in saleable condition and Value Village will give us money per pound of whatever we collect. Bags are available at the front desk. We have until November 1<sup>st</sup> to bring in your of donations.

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October 22nd  
9am-1pm

**PUMPKINFEST  
FUNDRAISER**

Pumpkin Painting Contest

HALLOWEEN COSTUME CONTEST

Face Painting

PUMPKIN TARTS & COOKIES

Popcorn

Hot Cider

Hot Chocolate

Thorold Seniors Centre  
8 Carleton St. South

The poster is decorated with various Halloween-themed illustrations including jack-o'-lanterns, a witch, and bats. The text is arranged in a central, eye-catching layout with a wooden sign for the event title and a yellow banner for the location.