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**THOROLD SENIORS
CENTRE ASSOCIATION**

8 Carleton Street S.

Thorold, ON

L2V 5C2

905-227-2161

Membership - \$120 a year

\$60 from July 1 to Dec 31

+ \$5 key card deposit

Lifers \$60

September 2022 NEWSLETTER

"Seniors On The Move"

thoroldseniorscentre@gmail.com

Presidents Message

Great to be back!

It was great to see everyone once again after the summer break at the General meeting on September 1, 2022. We were a little light on numbers, but the quality of the fellowship was certainly there. Make plans now to come out to our next General Meeting on October 6th. Our Guest Speaker for that meeting will be the Fire Prevention Officer from the Thorold Fire Department. The Crime Prevention and Cyber Security seminar held on September 6th was a great success as was the High Tea Party which was held on September 18th with 51 people in attendance. The Bake Club got together in our kitchen on September 9th and the Thorold Garden Club will hold their Awards Ceremony in our facilities on September 24th. Yours truly, along with Secretary Laurie manned our booth on Saturday and Sunday, September 10th & 11th, promoting the Thorold Senior Citizens Association, at Harvest Fest. This event was organized by the Knights of Columbus Council #2319 and was held at Holy Rosary Hall on Sullivan Avenue. Laurie and I spoke to several prospective members and handed out our new promotional pamphlets along with our calendar of events. All activities are back in full swing now, including cards, exercise class, zumba, cubii, bingo, darts, crafts, shuffleboard, pool and others such as the Dinner Club who met on September 1st and will be getting together again on October 6th. We may be getting older, but we are certainly an active group that can do anything we put our mind to! Remember - "A dream is just a reality that hasn't come true yet", Rick Westlake 1997. See you all October 6th.

President Rick

CRAFTY LADIES



The craft ladies have a table in the great hall with handmade items for sale. Come and have a look. Buy a gift or something for yourself.

Events and Activities Activities

Tai Chi: With Tai Chi master Roberto, Tuesdays & Wednesdays at 10:00am.

Exercise Class: With Muriel Raymond, Monday, Wednesday and Friday at 10 am. Now in its 20+ year.

Tech Support: with Laurie

Cards: Cribbage - Wed 1pm
Euchre - Fri 1pm

Crafts: Tues. at 1pm in the great hall. Everyone welcome.

Darts: – Wed. 1:00 pm

Shuffleboard: – Mon. & Wed. at 1:00pm

Chair Yoga: is Thurs. at 11

Zumba: with Mary is Thurs. from 12:30-1:30 or Tues at 2:45 on meeting weeks

*Probably the most
difficult of all
instruments to play is
second fiddle.*



Seniors day at Henderson's is now every Wednesday get a 20% discount.



Don't forget to sign in when you visit the centre.

We are tracking attendance to all activities and we would like to get an accurate count. The city is also very interested in how many people are using the centre.

New New Time

Laurie, our executive secretary, has volunteered to help us improve our computer skills. She will host sessions in the library on **Wednesday from 11:30-12:30.**

Upcoming Events @ the Centre

Oct 6th GMM and Luncheon 12pm

Oct 6th Dinner Club Swiss Chalet

Oct 10th **Closed** for Thanksgiving Day

Oct 15th Trivia Night 7pm - here at the Centre - tickets \$20

Oct 22nd Pumpkin Fest

Oct 24th Centre is **Closed** for use for the municipal election

Dave Handly won both of our summer raffles winning the \$50 gas card and the \$50 Foodland gift card.

Congratulations Dave. You are a lucky guy.

The Christmas Bazaar is on November 19. You can start bringing in your donations anytime and we will store them in the room downstairs. We are especially looking for Christmas themed items for this bazaar.

We are collecting for the Fun Drive for Value Village. We need clothing and linens in saleable condition and Value Village will give us money per pound of whatever we collect. Bags are available at the front desk.

Community Events

Sept 22 - All U Can Eat – Taste Around the World 4-7pm Club Capri -\$25.00

September 25: St. John's on the Lawn starting after the 10 am service. We are having a BBQ lunch and some fun activities. Bring a lawn chair & invite friends. Rain or shine. Please sign up on [Eventbrite](#) .

Oct 1st - Art Show & Sale -10am-2pm Dunlop Dr Older Adult Centre 80 Dunlop Dr

Oct 1st -

Friends of *Beaverdams Church*

2022 Apple Pie Sale

Sat., October 1, 2022



Pickup 10am - 1pm

Pies Cost: **\$18.00 ea.** or **2 for \$35.00**

Buttertarts: Pkg of **6** for **\$12.00**

All pies/tarts must be pre-ordered by

Sept.22, 2022 and **PREPAID** with cash or a

cheque to: Friends of Beaverdams Church



For more information contact Donna: **905 227 7556** or email: fobc1832@gmail.com



On September 6th we had a full house as renowned Senior Fraud expert Brock Godfrey come talk to us about the latest scams targeting Seniors. The seminar was very informative.



On September 18th, 50 people attended them High Tea presented by Thorold Seniors with J C Patisserie. They had a lovely afternoon.

